

## Preparation for Proclamation

- Prayer and Meditation – always start with prayer
  - Holy Spirit open my heart, open my mind, open my soul
  - Lectio Divina – holy reading
- Personal Study
  - Build a personal library
    - Jerome Biblical Commentary (not NEW Jerome)
    - Anything from Raymond Brown
    - Lector's Guide to Biblical Pronunciations (OSV)
    - Public Speaking (Michael & Susan Osborn)
    - Harper's Bible Dictionary
    - LTP Guide for Lectors (all have this)
  - Electronic sources
    - E-Sword Bible reader (free) – compare translations
    - USCCB lectionary - <http://www.usccb.org/nab/>
    - NetMinistries Biblical pronunciations - <http://netministries.org/Bbasics/bwords.htm>
    - Lector resources - <http://www.lectorprep.org/>
    - More lector resources – <http://www.lectorworks.org/>
    - NAB online – <http://www.usccb.org/nab/bible/index.shtml>
  - Lector & Gospel Reader's Workbook
- Group Study
  - Monthly formation meetings
  - Weekly Bible study – Thursday night with Peggy
- Prepare your Reading
  - Start early – maybe Wednesday night
  - Understand the style of the reading
  - Understand the context of the reading
    - For that week
    - For the season
  - Read it silently, pray on it, meditate on it
  - Read it aloud while standing
  - Paraphrase it – do you understand it?
  - Understand *your* style
    - Animated? Make sure you don't overact
    - Reserved? Practice with gestures, then proclaim without
    - Focus on breathing
    - Concentrate on speed
    - Master the pauses and the silence
- End with prayer
  - Prayer of thanksgiving
  - Lector's prayer
  - Arrive at Mass early
    - Review the lectionary
    - Prepare the ambo, microphone, and step
    - Receive the blessing in the sacristy